



Silver Gate Yacht Club
Junior Sailing

Fall Sunday Sailing 2019

The SGYC Junior Sailing Program supplements our summer program with a series of weekend sailing opportunities during the fall, winter and spring months. These Sunday sailing sessions offer our juniors an opportunity to refine the skills they learned during the summer, tune up for some racing or just enjoy a leisurely time on the water with old friends and new. These fall/winter/spring programs are intended for sailors with at least one week of summer instruction in our program or another similar youth sailing instruction program.

NOTE: This is not a learn-to-sail program for first-time beginners. Participants must have prior experience with our program or approval from the Director.



We have a fleet of new RS Feva double-handed boats, Naples Sabots, as well as the exciting and super popular O'Pen BIC boats for the Juniors to use. The Juniors will also have the opportunity to sail our Hunter 216 or Omega 14 sloop under a coaches' supervision.

DATES: Our Fall Program begins on Sunday September 29th, and will run through early December on the following dates: Visit our web site for registration: www.sgycjuniorsailing.org



- ! September 29th
- ! October 13th
- ! October 27th
- ! November 10th
- ! November 24th
- ! December 8th

Our Sunday Sailing Series runs from 9:00A to 3:00P. Most of the time is spent on the water. Sailors return to the club for a lunch break. Juniors should bring their lunch and any snacks or preferred drinks. SGYC will have plenty of bottled water available.

COST: The cost of our 6 session Sunday Sailing Series is \$300.00 for SGYC members and \$350.00 for non-members. Use of SGYC Jr. Sailing fleet of boats is included in the program cost. This program is open to all juniors age 8 to 18 with some prior sailing training, and SGYC membership is not required. **NOTE:** This is not a learn-to-sail program for first-time beginners. Participants must have prior experience with our program or approval from the Director.

CLOTHING: Each sailor should bring two sets of clothing including a towel and rubber-soled, closed toe shoes (no sandals or flip-flops). Sailing booties or diving booties are best for sailing – especially in the cooler months. Bathing suits are acceptable in addition to the above items; however the weather can vary dramatically during the fall, winter and spring seasons so sailors

should be prepared for colder wet conditions. Thin, non-cotton layers are ideal. All clothes must be in a labeled gym bag or backpack. SGYC has lifejackets available for use, but sailors are encouraged to supply their own lifejackets (PFD).

Refer to the *Parent Resource Guide* available on our web site for additional helpful information

HEALTH AND SAFETY: Each sailor must provide a completed medical consent form. Additionally, sailors who have not participated with us in the past will be required to complete a 25 yard swim test and be able to tread water for 2 minutes. All activities that Juniors participate in will be supervised by certified coaches.

TRANSPORTATION: Parents of junior sailors must provide their own transportation to and from SGYC. Ample public parking is available across Shelter Island Drive from the club. Juniors are expected to leave the premises by 3:00p.m. No after hours supervision will be provided. Juniors under the age of 16 must be met by their parents on SGYC property.



Come fill up these boats!!
We look forward to seeing you this Fall!!
www.sgycjuniorsailing.org

The Junior Sailing Program at Silver Gate Yacht Club is supported by the Silver Gate Yacht Club Foundation, a 501-C3 non-profit organization intended to sponsor non-profit and charitable events at the club.